

THANK YOU FOR YOUR INFORMATION REQUEST

Enclosed you will find the information you requested. Plus we've included some other materials we thought you might find interesting.

At '**Biotec Foods**' we believe in 'live, whole-food nutrition'. Our main focus is highly concentrated '**enzyme-rich**' dietary supplements. Each natural product is designed and formulated to provide the nutritional support our bodies must have to assist in the defense against free radical damage and aid the body in the natural healing processes.

We recognize that all disease, other than viruses, trauma and parasites can be directly linked to free radical damage. Our unique enzyme-rich **IsoSproutPlex™** blend, helps counter the effects of free radicals by increasing the body's endogenous levels of Superoxide Dismutase (SOD), Catalase (CAT), Glutathione Peroxidase (GP) and Methionine Reductase (MET).

For future reference please take a minute to visit our website @ **www.agrigenic.com**. There, you will find more product information, testimonials from our customers, case studies from doctors and other related research materials.

Sincerely Yours,
Biotec Foods

PS. If you have a pet make sure to consider giving them the **BioVet Pet Antioxidant Wafer** or one of our other fine pet products.

Biotec Foods products are available at most health food stores. If the store does not stock the specific product, simply ask them to order it for you or call our offices and we'll refer you to a source location.

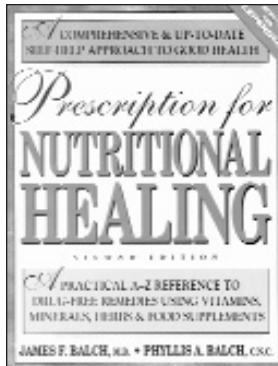
Find the product sizes and suggested retail price below.



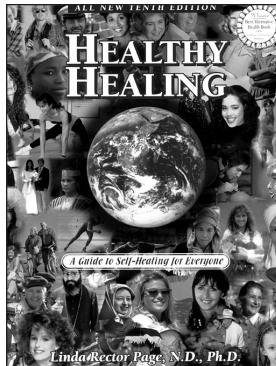
Biotec Products	Tablet Count	Suggested Retail Price
<i>Ageless Beauty</i>	100	\$21.95
<i>Ageless Beauty</i>	200	\$38.95
<i>Anti-Stress Enzymes</i>	100	\$21.95
<i>Anti-Stress Enzymes</i>	200	\$38.95
<i>Bio-Gestin</i>	100	\$19.85
<i>Bio-Gestin</i>	200	\$29.00
<i>Cell Guard</i>	80	\$21.95
<i>Cell Guard</i>	170	\$38.95
<i>Cell Guard Plus</i>	80	\$21.95
<i>Cell Guard Plus</i>	170	\$38.95
<i>Exercise Edge</i>	100	\$21.95
<i>Exercise Edge</i>	200	\$38.95
<i>Extra Energy Enzymes</i>	100	\$21.95
<i>Extra Energy Enzymes</i>	200	\$38.95
<i>FiberZyme</i>	100	\$7.95
<i>FiberZyme</i>	250	\$16.95
<i>Jet Stress</i>	60	\$7.95
<i>Pacific Sea Plasma</i>	100	\$19.85
<i>Pacific Sea Plasma</i>	200	\$29.00
<i>Runner's Edge</i>	100	\$21.95
<i>Runner's Edge</i>	200	\$38.95
<i>SoyGuard</i>	80	\$22.95
<i>SoyGuard</i>	170	\$39.95
<i>BioVet Pet Antioxidant Wafer</i>	60	\$19.95



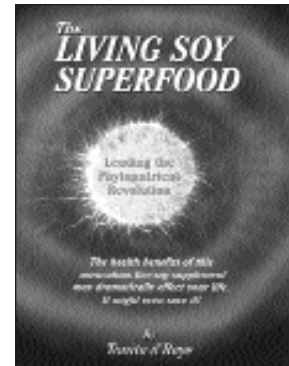
OUR PRODUCTS ARE RECOMMENDED IN THESE PUBLICATIONS



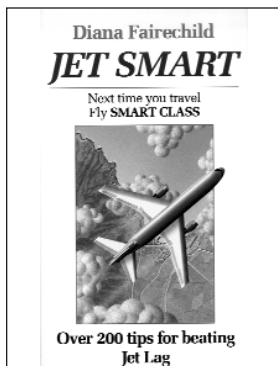
**Prescription for
Nutritional Healing**



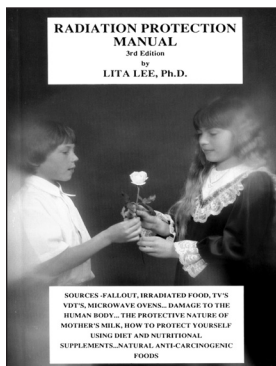
Healthy Healing
www.healthyhealing.com



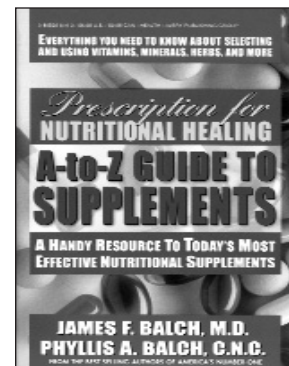
**Living Soy
Superfood**



Jet Smart
www.flyana.com



**Radiation
Protection Manual**



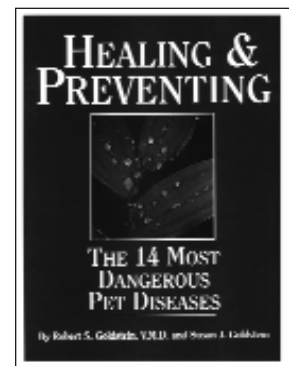
**A to Z Guide to
Supplements**



Over 50 Looking 30
www.animaltails.com



Super Nutrition For Animals
www.animaltails.com

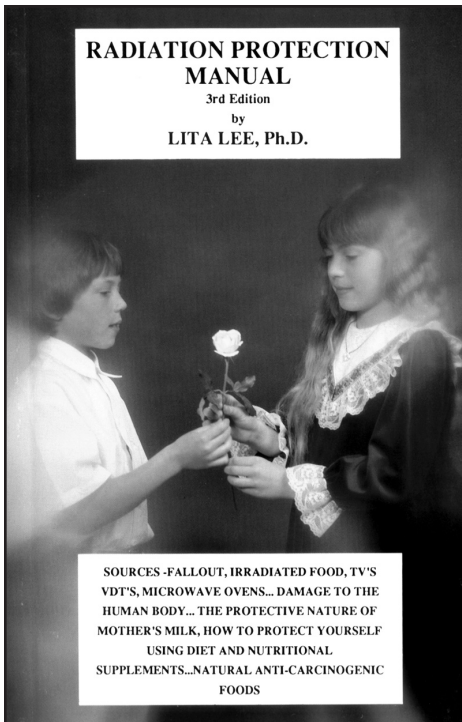


**Healing & Preventing
The 14 Most Dangerous
Pet Diseases**



Exerpts from Chapter 16 in the “Radiation Protection Manual”

by Lita Lee, Ph.D.



ANTIOXIDANT ENZYMES BY BIOTEC FOODS

**Antioxidant Enzymes:
Superoxide Dismutase (SOD) and Catalase (CAT),
Glutathione Peroxidase (GP) and
Methionine Reductase (MR).**

These enzymes do not digest foods. They convert free radicals (toxic oxygen species) back into the original materials, oxygen and water, without which we could not live. These sprouts do not contain gluten, so gluten sensitive people can take them.

These four antioxidants are manufactured by Biotec Foods of Huntington Beach, CA and are actually foods but are formulated as tablets, caplets and in a granular form. They are just the protection we need in our modern age of radiation, jet lag, air pollution and chronic degenerative diseases. In the following discussion I will talk about certain properties of each of these enzymes as separate chemical entities. This is not quite accurate, because enzymes are integral parts of the tapestry of living tissue. Their functions are complex and related to the biological environment from which they arise.

In his recent book, Antioxidant Adaption, Dr. Stephen Levine calls antioxidant enzymes "the first line of defense" against free radical pathology. Let me illustrate. Did you know that all is not dead inside nuclear reactors? There is a living organism; a bacterium called Radiodurans that thrives inside operating nuclear reactors. Guess what's in these bacteria? You guessed it! The highest levels of SOD/CAT and GP (plus others) ever measured! No, you don't have to scrape these bacteria off the reactor walls, thanks to Biotec Foods! No, they have not scraped them off either. They have developed high potency antioxidant enzymes from hybrid wheat sprouts - the only company to do

this so far. Other sources of SOD are available but no food containing these enzymes has yet been developed like the Biotec antioxidant enzymes.

Now comes some incomplete research (P.S., all research is incomplete!). In general, the whole subject of antioxidant enzymes is swirling in a sea of controversy and scientific misunderstanding. The major lack of knowledge concerns just how these enzymes are absorbed through the gut mucosal wall. Some scientists believe these enzymes are too large to be absorbed. So let me tell you what has been discovered and leave to later writings the answer on just how it happens.

We understand much more about how these enzymes work than how they get into the body. Dr. Peter Rothschild M.D., Ph.D., did extensive medical studies trying to find out what was going on (A). So far, here is what he found. There is an unidentified "active" component of these enzymes, which is absorbed across the gut wall. But, more importantly, the effect of taking these high enzyme sprouts is an unexplained stimulation of endogenous (i.e. inside the body or in vivo) production of the antioxidant enzymes. He showed this by giving patients the enzymes and doing blood studies before, during and after enzyme supplementation. Even after the patients stopped taking the Biotec enzymes, endogenous enzyme activity continued to increase.

Dr. Rothschild believes that these enzymes are electromagnetic substances that work directly with the cell membranes. Cell membranes have antenna-like pseudopods and receptor sites that communicate with the body. Immune system cells receive messages on how to function from neurotransmitters. Free radicals interfere with the neurotransmitters' ability to communicate with the immune system, so messages don't get through, leading to disease.

In all autoimmune diseases there are immune complexes, which are complexes of antibodies and antigens. These immune complexes accumulate in the blood and in the soft tissues that cause inflammatory reactions and tissue lesions. The antioxidant enzymes depolymerize (break apart) circulating and endogenous (soft tissue) immune complexes, formed from antibodies and antigens, which are always present in the soft tissue during inflammatory reactions of autoimmune diseases.

The healing may take time (even up to a year), but medical research has shown decreasing levels of immune complexes as the patient gets relief from his condition, and remarkable healings of rheumatoid arthritis and other autoimmune diseases have been recorded with this therapy. Arthritic pain decreases and sometimes vanishes. People with free radical pathology take them and get better. Radiation sickness is alleviated. Jet lag disappears. My major problem is convincing the suffering patient to take the enzymes long enough to produce relief. 85

Blood chemistries of patients supplemented with the antioxidant enzymes have shown modulating effects on cholesterol, triglycerides and immune function, up or down as needed for optimization. In recent tests by the Swedish government on people with radiation sickness from the Chernobyl accident, Biotec enzymes were the only ones, which produced noticeable relief. This is anecdotal clinical observation.

How do these Antioxidant Enzymes Work?

Remember, Biotec's three enzyme formulations, SOD/CAT, GP/CAT and MET/CAT, each contain all of the others and are named according to the enzyme in highest concentration. I will briefly discuss each of these enzymes. However, I believe that it is difficult if not impossible to ascertain which one you need and recommend taking the combination enzyme formula, which contains equal amounts of all four enzymes. This combination formula is called Cell Guard™ (in health food stores) or AOX/PLX (via healthcare professionals).

We've already mentioned how lucky we oxygen breathing mammals are to have Superoxide Dismutase and Catalase, natural enemies of the superoxide anion radical, (O₂⁻). We talked about how O₂⁻ is formed from an innocent looking oxygen (O₂) plus and extra electron and how it loves to wreck your



Chapter 16 "Radiation Protection Manual" Continued...

cell membranes by crashing through them. This critter is also one culprit that damages the joints during arthritis attacks. It is the free radical which reacts with hydrogen peroxide (H₂O₂) to form hydroxyl radicals (HO~), a reaction catalyzed by xanthine oxidase (XO). Also formed by radiation, HO~ goes on to make your fats rancid (Yuk) and like O₂, damages the joints of arthritics and causes the pain of gout (along with uric acid crystals). Actually, HO~ doesn't limit itself to your joints. It will attack any organic substance it runs into. Durk Pearson and Sandy Shaw talk about this in their popular book, Life Extension.

SOD and partner Catalase to the rescue! It's important to know that SOD will not work without catalase. SOD first quenches O₂: by converting it to hydrogen peroxide (H₂O₂) which catalase then converts to water and oxygen. There are no toxins produced during this detoxification reaction and thus none of the discomfort produced during the usual healing crisis. Clinical evidence records positive benefits from SOD/CAT in the treatment of arthritis (up to 90% remission), radiation sickness, jet lag, multiple sclerosis and as an anti-aging supplement. SOD/CAT also diminishes the side effects of radiation and the nausea of chemotherapy.

Glutathione Peroxidase (GP) is another important antioxidant enzyme system. It contains glutathione, a tripeptide composed of cysteine, glutamic acid and glycine plus selenium (four seleniums per molecule). Dr. Stephen Levine reported that oral selenium increases the activity of intracellular GP.86 I have talked to several researchers who claim that Glutathione Peroxidase quenches both the hydroxyl and peroxide free radicals, HO~ and HOO• respectively. Glutathione Peroxidase and its partner glutathione have several known functions. One is to catalyze the conversion of hydrogen peroxide to water and oxygen, a reaction also requiring vitamin E. The glutathione is oxidized to its disulfide form which is then reduced to its active form by another enzyme, glutathione reductase. Catalase also converts hydrogen peroxide to water and oxygen but does not require glutathione.

Glutathione Peroxidase/glutathione is great for the liver and many scientists believe that they are involved in protecting the liver from alcohol-induced liver damage. One way may be the glutathione Peroxidase catalyzed reduction of hydroperoxides (HOO• and derivatives) by glutathione to harmless products before they attack unsaturated lipids, in addition to the reactions mentioned above.87

Free radicals can also damage fibrous protein within the body. For example, collagen is a protein comprising 30% of the body's protein, serving as a major structural component of skin, ligaments, tendons, muscles, cartilage, bones and teeth. The free radical cross-linking of collagen is commonly known as wrinkling. Many people taking glutathione Peroxidase report improved skin appearance including shrinkage of moles and disappearance of pigmented (lipofuscin) "age" or "liver" spots and stretch marks as well as more evenly textured skin with smaller pores. Glutathione Peroxidase is also reported to be an excellent nutritional support in the collagen diseases (lupus erythematosus, scleroderma, etc.)

Biotec's third antioxidant enzyme, Methionine Reductase quenches the most reactive of the free radicals, hydroxyl radical, HO•, mentioned above. Methionine reductase is especially good to combat chemical poisoning from carbon monoxide, insecticides, air pollution, etc. It is also effective in reducing athletic recovery time. Since MR quenches HO•, formed from radiation, it may be even better than SOD/CAT for alleviating the effects of radiation sickness. That's why I believe that the combination form of these enzymes (Cell Guard™ or AOX/PLX) is the best form to take.

These antioxidant enzymes have other goodies in them that you may not realize. One of these is Coenzyme Q10, also called coenzyme Q, CoQ or ubiquinone (because it's a quinone present in nearly every living cell). CoQ has many cardiovascular and anti-aging benefits, which are described below. There is research underway to find out how much CoQ is present in each of

the antioxidant enzymes. Current information indicates that glutathione Peroxidase has more CoQ than the other two.

Thoughts on using AOX/PLX (Cell Guard) as a Radioprotective agent during chemotherapy or Radiation treatment for cancer

Cancer is an anaerobic process, which produces destructive free radicals such as superoxide anion. In university studies of 50 different cancers, researchers found that all the cancer cells had little or no manganese-SOD, the specific enzyme that protects the cell nucleus from superoxides. See Biotec's website for more details (www.agrigenic.com).

All the antioxidant enzymes quench radiation-produced free radicals. Therefore, I believe that using these enzymes and other radioprotective foods may be the difference between survival and death of the patient during these very toxic treatments. I also believe that these antioxidant enzymes protect only the healthy non-cancerous cells, whereas the cancerous ones are not protected. Therefore, these enzymes should not interfere or mainly because of research mentioned above indicating that cancer cells do not contain antioxidant enzymes or any other substance, which supports aerobic processes.

I have had some experience with cancer patients who have refused to protect themselves in any nutritional way from their chemotherapy or radiation therapy because they believed that their cancer cells would be less vulnerable to the treatment. I believe that this is very wrong thinking. Indeed, the patients I knew who believed this died. I appeal to the research community to record the positive benefits of using radioprotective foods such as these antioxidant enzymes during the toxic treatments for cancer.

Use of Biotec enzymes in cardiac surgery patients

I would like to mention the use of the Biotec's enzymes as preoperative nutritional support in cardiac patients undergoing cardiovascular surgery by Dr. Henry J. Younes, DO. A cardiovascular anesthesiologist at Huntsville Hospital in Huntsville, Alabama.88 One of the major causes of patient morbidity during open-heart (bypass) surgery is due to severe tissue inflammation and free radical damage, a consequence of the surgical procedure. Dr. Younes found that giving the enzymes to his patients just 24 hours prior to surgery greatly improved the surgical outcome and reduced patient morbidity. I wonder what the results would have been had these patients been taking antioxidant enzymes for a long time prior to surgery instead of merely 24 hours?

Sources of the antioxidant enzymes:

Biotec Foods of Huntington Beach, CA is the only manufacturer of these antioxidant enzymes. They are available in health food stores, from health professionals, and mail order merchants, under the labels, Biotec, Biomed and BioVet International, respectively (A).

Small quantities of SOD are present in certain foods such as barley (wheat) grass (1200 units per teaspoon), glandular extracts from liver, blue-green algae and yeast's.

New Product by Biotec Foods

Biotec recently introduced a new enzyme combination called FiberZyme™. It contains approximately one third each of the antioxidant enzymes, the same hybridized wheat sprouts grown for a longer time to increase the chlorophyll content, plus psyllium. FiberZyme™ is 20% soluble and 80% insoluble fiber. This combines the antioxidant activity of AOX/PLX or Cell Guard™ with the properties of fiber and of chlorophyll.



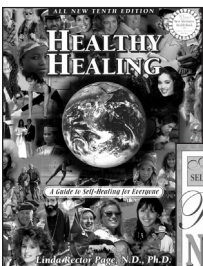


BIOTEC FOODS
A DIVISION OF AGRIGENIC FOOD CORPORATION

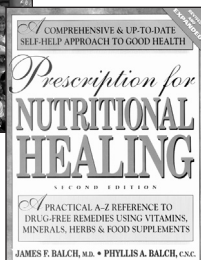
Products

- Ageless Beauty****
- ~
- Anti-Stress Enzymes****
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- Bio-Gestin**
- ~
- Cell Guard****
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- Cell Guard Plus**
- ~
- Exercise Edge**
- ~
- Extra Energy Enzymes**
- ~
- FiberZyme**
- ~
- Jet Stress**
- ~
- Pacific Sea Plasma**
- ~
- Soy Guard**
- ~
- BioVet Pet**
- Antioxidant Wafer**

Our Products are Recommended in:



See them at
www.healthyhealing.com



**Large Size
170 Count**

**Trial Size
50 Count**

S.M.A.R.T.

**SUCCESSFUL MERCHANDISING
AND REPEAT TRAFFIC**

We believe that our products sell themselves. In fact, we believe it so strongly that we are putting our money where our mouth is in the form of FREE trial product which your customer can try before they buy.

THE S.M.A.R.T PROGRAM

When you purchase any large size Biotec product, you will receive an additional '50 Trial Size' with each bottle purchased (*no minimum or maximum order*). Mark the 50 size bottle

with a retail price of \$10.00 so it has value when you give it to your customer but **DO NOT SELL IT!**

When a customer comes into the store and mentions symptoms, let them see what the "Prescription for Nutritional Healing" recommends for their condition and give them a 50-count bottle for free.

We recommend that you follow our 5 step S.M.A.R.T Program

1. Determine your customer's health condition or symptoms.
2. Find that section in 'Prescription for Nutritional Healing' and make the customer aware that a Biotec nutritional product is recommended to help with that condition. (*See reference chart*)
3. Give the customer a 50 count trail size bottle as a \$10.00 gift.
4. For the FREE bottle, have the customer promise to follow the below directions faithfully.
 - a. Have them take 5 tablets per day, with a large glass of pure water.
 - b. Make sure to take on an empty stomach before eating or 2 hours after eating.
 - c. Make sure they drink at least 8 glasses of pure water everyday.
 - d. Note changes; how they feel, energy level, more flexibility, less stiffness, etc.
5. Have them check back with you in 10 days and report their results.

Here is your benefit....

Excellent results should occur when taken properly. Your customer leaves your store with the feeling that they received great service.

They have information and free product which is recommended by the most credible source in the health food profession. You have established a relationship, a friendship and not just a sale.

Our Goal: To sell THROUGH your store not TO your store.





Biotec Products and Bar Codes

Biotec Products		Pricing	Related Bar Code		
Product Description	Size	Retail	Company Code	Product Code	
Ageless Beauty (400 mg.)	100 Tab	\$21.95	7	41826	35704
Ageless Beauty (400 mg.)	200 Tab	\$38.95	7	41826	35706
Anti Stress Enzymes (400 mg.)	100 Tab	\$21.95	7	41826	36004
Anti Stress Enzymes (400 mg.)	200 Tab	\$38.95	7	41826	36006
Bio-Gestin (400 mg.)	100 Capsule	\$19.85	7	41826	37104
Bio-Gestin (400 mg.)	200 Capsule	\$29.00	7	41826	37106
Cell Guard (750 mg.)	80 Caplet	\$21.95	7	41826	35104
Cell Guard (750 mg.)	170 Caplet	\$38.95	7	41826	35106
Cell Guard Plus (750 mg.)	80 Caplet	\$21.95	7	41826	37304
Cell Guard Plus (750 mg.)	170 Caplet	\$38.95	7	41826	37306
Exercise Edge (400 mg.)	100 Tab	\$21.95	7	41826	35204
Exercise Edge (400 mg.)	200 Tab	\$38.95	7	41826	35206
Extra Energy Enzymes (400 mg.)	100 Tab	\$21.95	7	41826	35604
Extra Energy Enzymes (400 mg.)	200 Tab	\$38.95	7	41826	35606
FiberZyme (900 mg.)	100 Caplet	\$7.95	7	41826	36504
FiberZyme (900 mg.)	250 Caplet	\$16.95	7	41826	36506
Jet Stress (400 mg.)	60 Tab	\$7.95	7	41826	35404
Pacific Sea Plasma (400 mg.)	100 Tab	\$19.85	7	41826	36604
Pacific Sea Plasma (400 mg.)	200 Tab	\$29.00	7	41826	36606
Runner's Edge (400 mg.)	100 Tab	\$21.95	7	41826	35304
Runner's Edge (400 mg.)	200 Tab	\$38.95	7	41826	35306
Soy Guard (500 mg.)	80 Capsule	\$22.95	7	41826	37204
Soy Guard (500 mg.)	170 Capsule	\$39.95	7	41826	37206

BioVet Products		Pricing	Related Bar Code		
Product Description	Size	Retail	Company Code	Product Code	
Antioxidant Pet Wafer (3gm.)	60 Wafer	\$19.95	7	41826	46504
Dismutase (400 mg.)	100 Tab	\$21.18	7	41826	45804
Dismutase (400 mg.)	200 Tab	\$38.95	7	41826	45806
Dismutase (400 mg.)	500 Tab	\$65.95	7	41826	45808
Dismutase Granular (240 gm.)		\$39.95	7	41826	45810
Dismutase Granular (576 gm.)		\$49.95	7	41826	45811
Canine Support (400 mg.)	30 Tab	\$12.95	7	41826	46302
Feline Support (400mg.)	30 Tab	\$12.95	7	41826	46402



BioMed Products and Bar Codes

BioMed Products		Pricing	Related Bar Code		
Product Description	Size	Retail	Company Code	Product Code	
AOX/PLX (750 mg.)	90 Caplet	\$26.67	7 41826	56204	
AOX/PLX (750 mg.)	190 Caplet	\$48.33	7 41826	56206	
AOX Plus (750 mg.)	90 Caplet	\$26.67	7 41826	57404	
AOX Plus (750 mg.)	190 Caplet	\$48.33	7 41826	57406	
GP/CAT (400 mg.)	90 Tab	\$23.33	7 41826	55904	
GP/CAT (400 mg.)	190 Tab	\$41.67	7 41826	55906	
MET/CAT (400 mg.)	90 Tab	\$23.33	7 41826	55504	
MET/CAT (400 mg.)	190 Tab	\$41.67	7 41826	55506	
SOD/CAT (400 mg.)	90 Tab	\$23.33	7 41826	56104	
SOD/CAT (400 mg.)	190 Tab	\$41.67	7 41826	56106	

AgriGenic Products and Bar Codes

AgriGenic Products		Pricing	Related Bar Code		
Product Description	Size	Retail	Company Code	Product Code	
Aerobic Energy Essentials (400 mg.)	100 Tab	\$19.95	7 41826	13005	
Aerobic Energy Essentials (400 mg.)	200 Tab	\$36.95	7 41826	13023	
Cell Sentry (750 mg.)	80 Caplet	\$19.95	7 41826	10143	
Cell Sentry (750 mg.)	170 Caplet	\$36.95	7 41826	10161	
Cell Sentry Plus (750 mg.)	80 Caplet	\$19.95	7 41826	10549	
Cell Sentry Plus (750 mg.)	170 Caplet	\$36.95	7 41826	10567	
Energy Enhancing Enzymes (400 mg.)	100 Tab	\$19.95	7 41826	12004	
Energy Enhancing Enzymes (400 mg.)	200 Tab	\$36.95	7 41826	12024	
Perfect Fiber Plus (750 mg.)	100 Capsule	\$24.50	7 41826	14022	
Perfect Fiber Plus (750 mg.)	200 Capsule	\$35.89	7 41826	14004	
Synovalex (750 mg.)	80 Caplet	\$19.95	7 41826	20142	
Synovalex (750 mg.)	170 Caplet	\$36.95	7 41826	20160	
Synovalex Plus (750 mg.)	80 Caplet	\$19.95	7 41826	20548	
Synovalex Plus (750 mg.)	170 Caplet	\$36.95	7 41826	20566	





Exercise Edge

More Endurance & Faster Recovery

Rigorous exercise triggers a complex series of physiological processes that can do serious damage to healthy cells and tissues. Charging ahead with more exercise while letting these processes go unchecked can have serious consequences for health and fitness. Damaging free radicals are caused by strenuous exercise in addition to other emotional, chemical and physical stresses plus the dietary deficiencies of today's world.

Runner's Edge
More Stamina & Increased Flexibility



EXERCISING USES EXTRA OXYGEN

To do their work, muscles need oxygen. Strenuous activity can increase the muscles' need for oxygen to as much as 20 times higher than when the body is at rest. This increased oxygen demand sets the stage for higher levels of **'Free Radical Damage'**, a serious problem that occurs both during and after workouts.

Would nature really set us up with bodies that are defenseless against the by-products of our own exercise? Of course not! Nature equips the body with special enzymes called antioxidants which are responsible for the safe removal of free radicals before they can do their damage. Free radicals steal electrons from healthy cells and wreak havoc on the body's cells and immune system. They attack the cell membranes and get into the proteins that carry out the functions of the cell. There is evidence that free radicals can even get into the DNA of the cell and cause genetic damage.

The body's antioxidant enzymes do a fine job under ideal conditions and normal activity. Unfortunately, strenuous exercise results in the creation of large numbers of free radicals -- more than even a healthy body can handle. Burning oxygen stimulates the production of three different kinds of free radicals: oxygen radicals, peroxide radicals and superoxide radicals. All which can wreak havoc on the body's systems if left unchecked.

So what do you do? How can you protect yourself from 'Increased' free radical damage? The solution can be found in some very beneficial whole 'live' food supplements developed by Biotec Foods.

THE SAFE SOLUTION

Here, at Biotec Foods, we have developed **IsoSproutPlex™**. A highly concentrated blend of 'Live Whole Food Sprouts' that are rich in the antioxidant enzyme Superoxide Dismutase (SOD), along with its related Catalase, plus Methionine Reductase and Glutathione Peroxidase.

Research has shown that in addition to being a great nutritional source of antioxidants themselves, these live enzyme foods from Biotec actually enhance the body's own production of antioxidant enzymes. Both processes boost the athlete's ability to get the most from a vigorous workout without endangering cellular health.

With the live enzyme nutrition found in **Exercise Edge™** or **Runner's Edge™**, you can maximize the benefits of your exercise program while minimizing the damage from Free Radicals. Both products are safe at any level and can be taken everyday. To learn more, visit our website at: www.agrigenic.com



Biotec Foods Products & Athletic Nutrition

We at Bio Energetics, Inc. have been testing your enzyme products for some time now and can offer our opinions concerning usage and benefits.

There is an ever growing pool of research information relating to your enzyme products, so much so that to list all of the related benefits sounds rather unbelievable. None-the-less our main concern has been in the areas of human performance. We are pleased to report, improvements, ranging from reaction speed to recuperation.

Participating athletes have noted increases in overall energy levels, resistance to fatigue especially legs and lungs and strength improvements in the weight room. Typically the participating athletes have been involved with their sport for a number of years, so that their nutrition and training programs have been fairly consistent, and are maintained on a year long basis.

We then are assuming that improvements or variations in stamina, recuperation powers and overall performance during training cycles is due largely to nutritional factors. Individuals who used the product for one month only, received more modest but yet, in my view, significant improvements in energy levels upon arising, plus increased flexibility. Individuals who remained on the products for three months or more had more profound benefits, strength in the weight room, reaction speed, ventilation or breathing during peak output sessions.

The majority of the athletes used the enzyme compounds at prescribed dosages. Six tablets the first two weeks and three tablets thereafter.

We did, however, note the greatest improvements with the 30-plus year old athlete. Athletes' or individuals recuperating from injury, jet lag, or basically anyone under going high levels of stress noted perceived relief.

In closing, with our ongoing research in human performance nutrients, we occasionally run into a formulation that delivers, but we consider Biotec's antioxidant enzymes to be a sound and prudent addition to the pro or amateur athletes hightech nutritional program.

Brian Russell - Consultant
Product Testing Bio Energetics, Inc.

What Our Customers Say...

RUNNER'S EDGE - MUSCLE SORENESS AND TIREDNESS

I can't tell you how your **Runners Edge™** has changed my life! I am an athlete who rides and trains thoroughbred 3-day event horses. Everyday after working the horses, I would come home and sleep 1/2 hr in order to revive my energy and be able to work at other interests at night. Now all I do is take 3 **Runners Edge™** tablets after riding each day. I no longer need to sleep or rest! These tablets give me energy to work on through after till midnight.

An additional bonus is that I rarely am sore anymore! I use to experience muscle soreness after particularly strenuous workouts, but if I take the **Runners Edge™** everyday, my muscles don't get sore! Thank you for creating such a wonderful product.

Mary De Neffe - Ashland, Oregon 97520

RUNNER'S EDGE - ENERGY AND FOCUS

I am a professional Bodyboarder living in Hawaii. I am a noted Big Wave rider and have tackled all treacherous wave conditions. Strenuous physical activity is my business.

I have been taking the **Runners Edge™** enzymes for approximately three months. Since taking then I have noticed an increase in energy level which is quite substantial. I credited the energy increase solely to the enzymes because I had not changed my diet or increased training. Also my thinking and reaction time have become clearer and faster. **Runners Edge™** enzymes have allowed me to place very high in International competitions, as well as work long strenuous hours with photographers in the water.

When I'm out there surfing giant waves, I count on my equipment to pull me through critical situations. The **Runners Edge™** enzymes are one of the products that I count on.

Pat Caldwell - Pro-Bodyboarder - Honolulu, HI

RUNNER'S EDGE - ARTHRITIS

I have been using your product, **Runners Edge™**, for about two months, and my knees (arthritic) are better. I have been running for 19 years and have had knee problems the past several years.

Gerald R. Knudson, Jr.

SPRAINED ANKLE - SHIN SPLINTS

Our local health food store suggested I write you with my experience using your product. I'm a 65-year-old jogger who runs 1-1/2 miles a day. Since last summer, my right leg has been aching. I had turned my ankle, then had shin splints. The first week in January I started using your **Runners Edge™**. I have experienced a very favorable response.

Norman Olson - Nacogdoches, TX 75961

RUNNER'S KNEE

I am a tri-athlete. Currently I'm training to run marathons but I suffer from runners' knee that makes me hold back sometimes. However my knees feel great right now. For the last few weeks I have been taking your **Runners Edge™**.

Kent W Fry - San Antonio, TX 78217

MORE ENDURANCE AND LESS FATIGUE

I am a member of the Chaminade University Soccer Team as well as Vaiete, a semi-professional team in Hawaii. I have numerous games, often 2 a day, and consequently my schedule requires rigorous practices and intensive training. I have been taking the **Runners Edge™** for 3 months now and have observed that I have more endurance, quicker reactions and less fatigue after strenuous games and workouts. During these months my game has improved and I attribute that, in large part to **Runners Edge™**. Furthermore, I do not require as much sleep and have found that I am eating less, but have all the energy I need.

Martin Gerhold



Bio-Gestin

With "Green Papaya"

- **A NATURAL DIGESTIVE AID**
- **A BOUNTIFUL ENZYME SOURCE**
- **A EXCELLENT BOWEL REGULATOR**
- **A PREMIER TISSUE CLEANSER**
- **A SIMPLE DIGESTIVE BALANCER**
- **A FREE-RADICAL SCAVENGER**

"GREEN PAPAYA" THE ALL IN ONE MIRACLE ENZYME PLANT!

The Green Papaya (*Carica papaya*), grown in the nutrient-rich lava field soils of Hawaii has a long history of successful healing benefits. All parts of the papaya plant-fruit have been used for centuries by inhabitants of the tropics with amazing healing results. Biotec now offers everyone the benefits of this fabulous green fruit from Hawaii in Bio-Gestin™.

THE SOURCE FOR DIGESTIVE ENZYMES

Green papaya is one of nature's most abundant sources of plant enzymes and other important phytonutrients. Papain, the digestive enzyme commonly found in health food stores, is actually derived from green rather than ripe papayas. At the climacteric stage before ripening, the green fruit is carefully harvested to yield an optimal amount of enzymes. In addition to papain, Bio-Gestin™ contains chymopapain, an even stronger proteolytic (protein-digesting) enzyme. For many years isolated papain has been used as a natural digestive aid. As many herbalists already know, ingesting whole herbs like green papaya often provides superior results to isolated single ingredients. Important phytonutrients including arginine, amino acids, calcium, potassium, vitamin C, B-complex vitamins, beta carotene (pro-vitamin A), complex carbohydrates, pectin, fibrin, fiber, carpain and other enzymes are also found in green papaya.

Bio-Gestin™ is for an individual using vitamins, herbs or other supplements; for a person who over-eats and needs digestive support; for an athlete or dieter requiring maximum utilization of nutrients; and for people who want to increase their general enzyme levels. Everyone can benefit from improved enzyme efficiency.

THE HEALTH BENEFITS OF GREEN PAPAYA

The powerful one-two punch of chymopapain and papain together with the full range of phytonutrients in Bio-Gestin™ deliver a concentrated, effective, natural digestive combination, covering a pH range of 1.6-12. (very acidic to very alkaline). Many digestive supplements work in only certain pH ranges and are inactivated during some phase of digestion.

Bio-Gestin™ supplies a powerhouse of enzyme assistance throughout the digestive system. Chymopapain and papain also exhibit mucolytic (mucous digesting) properties. Studies have even shown that green papaya's enzymes selectively digest hardened, injured, or excessive tissues with little or no invasiveness to healthy tissue and have been used therapeutically for that purpose.

Some phytonutrients in Bio-Gestin™ help to restore proper intestinal flora and have vermifugal, amoebicidal, and antibacterial properties. So, using Bio-Gestin™ may increase nutrient absorption and help to create a healthier intestinal tract. For those with too little stomach acid, green papaya may take the burden off digestive organs. It has also been used for over acidity or borderline ulcers as less stomach acid is required for digestion when abundant enzymes are ingested. As an herb, Bio-Gestin™ is a wonderful balancer for the entire digestive system.

ENZYME RESTORATION

There's also strong evidence that raising one's digestive enzyme levels can help to balance the immune system. Most people consume far too many enzyme-deficient foods (cooked, stored, processed, and preserved) and far too few enzyme rich foods (living, fresh, raw). Their digestive and metabolic enzymes become depleted and the immune system is overworked. Taking plant-based enzyme supplements like Bio-Gestin™ with healthful meals can alleviate strain on internal organs, supply additional nutrients, and help to restore balance to the body's enzyme levels. When taken in-between meals, enzyme supplementation can result in even faster metabolic enzyme restoration, antiviral activity (proteolytic enzymes digest cell walls of virus and other infectious agents), and free radical scavenging.³

WHO CAN USE BIO-GESTIN?

Since proper enzyme levels are an excellent indicator of general health, and because our bodies make enzymes from the nutrients supplied by diet and breath, any person who desires to feel better or needs more nutrient absorption and/or utilization may supplement their diet with Bio-Gestin™.

HOW IS BIO-GESTIN USED?

One or two Bio-Gestin™ capsules can be taken with meals and are particularly effective with protein foods. They can be taken in between meals to maximize green papaya enzyme action outside of the digestive system. When first beginning to use Bio-Gestin™ be sure to drink plenty of purified water.

This information is intended for educational and health promoting purposes only. It is not designed to diagnose, prescribe for, treat, or cure disease, illness, or injury. Any interpretation other than that is willful misrepresentation of this information. For adverse health conditions, please consult with a qualified physician, herbalist, Naturopathic Doctor, or other Health Care Practitioner.





Soy Guard

THE NEW SUPERFOOD

Soy is a nutritional powerhouse and a medicinal wonder. It offers such a synergy of health benefits that it is now classified as one of the world's great 'Superfoods'.

SoyGuard™ is a superior food supplement with noticeable health benefits. These soy sprouts are dehydrated at a low temperature, ground into powder and encapsulated. The result is a concentrated 'live' Soy supplement that retains the sprouts precious phytochemicals, enzymes, vitamins and minerals.

Research on the unique phytonutrients found in the soy place it high on the list of the world's greatest natural nutritional super foods. Unlike most other sources of beneficial phytonutrients, soy contains a wide range of different types of phytonutrients - including isoflavones, 'SOD-like' proteins, phytates, protease inhibitors, essential fatty acids, phyosterols, saponins, lecithin and fiber. All work together to create a powerful synergy of overall health benefits.

ISOFLAVONES

Isoflavones are also known as phytoestrogens because they are similar in structure to natural estrogen. However, they are only 1/1000th the strength. These weak estrogens have the ability to interfere with the body's stronger natural estrogen in a positive way and exhibit powerful anti-cancer effects in hormone-related malignancies. Excessive estrogen levels are reported to be a major factor in the cause of uterine, cervical, ovarian and breast cancer in women. Additionally, there is strong evidence isoflavones in soy can block the negative effects of androgens on the prostate in men, thereby preventing enlarged prostate and prostate cancer.

"The most notable property of isoflavones is their reported ability to reduce the risk of breast cancer. Because of this, soy, which is rich in the isoflavones, Genistein and Daidzein, has become more popular than ever".

Energy Times Magazine February 1997

Genestein is an isoflavone found in soy which has a wide range of benefits. Research shows that genestein inhibits the growth of cancer cells, but not normal cells. Genestein inhibits the activity of tyrosine protein kinase, and enzyme that is involved in the transformation of normal cells into cancer cells. Genestein also appears to protect against heart disease by stopping the growth of cells that form plaque deposits on arteries.

PROTEIN

Protein literally performs hundreds of functions in the body; we cannot live without it. It is widely known that soy food is an excellent source of protein and contains all 8 amino acids which the body cannot produce itself. The U.S. government recognizes soy as a source of protein equivalent to meat. Scientists are saying that soy is a superior form of protein. Every metabolic function of the body, including the digestion and

absorption of the food we eat, depends on enzymes. The life energy of enzymes is carried by protein molecules. Amino acids are the building blocks of protein. When we eat protein the body breaks it down into amino acids and then rearranges them into the proteins we need such as enzymes for metabolic function and antibodies that fight infection. Protein makes up our fingernails, hair, our muscles and bones; it makes hormones such as insulin and estrogen; it helps balance the fluid

inside and outside of our bodies cells; it builds new tissue and repairs damaged tissue; and it transports oxygen and nutrients into the blood. Soy protein is one of the few plant foods that contains the proper balance of the eight essential amino acids, and has several advantages over animal protein. Soy is easily digestible and takes less transit time in the bowel than meat, contains no fat or cholesterol, is a rich source of easily assimilated vitamins and minerals, and contains an abundance of phytochemicals that protect the body from disease.

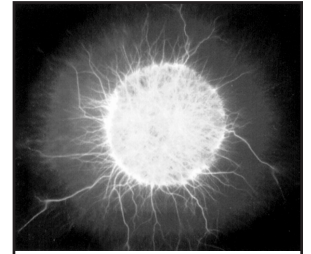
SOY GUARD vs PROCESSED SOY FOODS

The powerful and proven benefits of soy phytonutrients are best realized from whole soy foods, it is also important to clarify exactly what type of soy food will be most effective. While most soy foods are heat processed to remove potentially harmful digestive enzyme inhibitors, **SoyGuard™** sprouted soy complex utilizes breakthrough Hydro-Vac™ sprouting technology to naturally remove these digestive inhibitors and transform soy into a fully enzyme 'live' food. **SoyGuard™** also preserves the enzyme activity and electromagnetic integrity, greatly enhancing the digestibility and overall utilization of nutrients naturally found within the soy.

SoyGuard™ sprouted soy complex virtually eliminates digestive problems and nutritional imbalances that can arise from non-sprouted, heat-treated, processed soy products. Quality is always more important than quantity and **SoyGuard™** provides soy nutrition with several key attributes and natural delivery systems missing from non-sprouted soybean products including;

- **Full enzyme activity.**
- **Preservation of heat sensitive nutrients and phytonutrients.**
- **Provides complete phytonutrient matrix.**
- **Natural phytosome delivery system for optimum utilization.**

SoyGuard™ effectively lowers your risks of disease and chronic degenerative conditions, while enhancing personal health and increasing vitality and longevity.



Pictured (above) is a Kirlian photograph taken of a sprouted soybean, demonstrating the "life force" of the bean released by sprouting



Available in Two Sizes:

- 80 Capsules
- 170 Capsules





Pacific Sea Plasma

100% Phyto-Plankton - Unique In All The World!

Scientists at NASA theorize that some 3 1/2 billion years ago, the world was changed forever. The appearance of tiny organisms with the ability to convert sunlight, warmth, water and minerals into protein, carbohydrates, vitamins and amino acids marked the beginning of life. Called 'Phyto-Plankton, these tiny creatures are the basis of all other life forms on planet earth. Phyto-Plankton remains on earth to this day as the first and most efficient food producer on the planet. From this tiny organism, the most basic of foods, the chain of life extends through all the plants and animals, finally bringing life to all humanity itself.

ENERGIZE YOUR BODY NATURALLY

Pacific Sea Plasma® is a uniquely developed Hawaii-bred 'Microalgae'. This special 'Phyto-Plankton', more commonly known as 'Blue-Green Algae', is a potent source of 'Beta Carotene' GLA, Vitamin B-12, Chlorophyll and protein.

Grown in sea-water ponds on the Kona Coast of Hawaii, **Pacific Sea Plasma®** is a totally unique strain of microalgae. This is in direct contrast with most microalgae products which are grown in 'interrupted' seasonal cycles in fresh water ponds.

This 'Live Food' has several environmental advantages over other products. Pacific Sea Plasma's growth cycle has been uninterrupted since 1981 allowing it continuous evolutionary development in the unrelenting Kona sunshine. Additionally, it is grown in nutrient-rich 'Sea Water' brought from 2,000 feet below the ocean's surface. As a result, **Pacific Sea Plasma®** is totally free of any pesticides or contaminants.

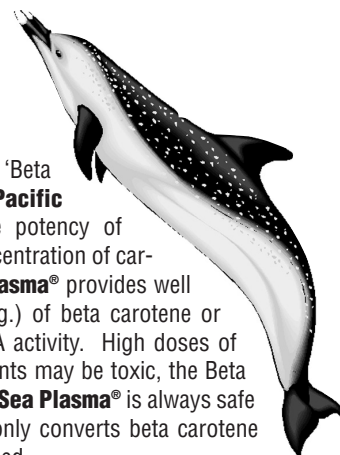
Finally, all nutrients in **Pacific Sea Plasma®** are kept fresh and vital through a new 'Low-oxygen' drying technology that exists nowhere else in the world today.

Pacific Sea Plasma® is the purest of foods. Its position at the base of the food chain makes this 'Phyto-Plankton Live Food' the purest food on earth. As the very first to convert sunlight, warmth, water and minerals into substances of life, it produces highly nutritious, easily assimilated food without contaminants. It is 85% to 95% digestible.

Phyto-Plankton

AS A SOURCE OF BETA CAROTENE

Easily the most potent source of 'Beta Carotene' available in the world, **Pacific Sea Plasma®** offers 3 times the potency of 'Spirulina'. It has 10 times the concentration of carotenoids. Ten grams of **Pacific Sea Plasma®** provides well over an amazing 23,000 IU (14mg.) of beta carotene or 460% of the US RDA of Vitamin A activity. High doses of Vitamin A supplements may be toxic, the Beta Carotene in **Pacific Sea Plasma®** is always safe because the body only converts beta carotene to vitamins as needed.



Available in Two Sizes:

100 Tablets

200 Tablets

AS A SOURCE OF B-12 & B-COMPLEX VITAMINS

Pacific Sea Plasma® joins 'Spirulina' as the richest source of Vitamin B-12. It is higher than beef liver, chlorella or sea vegetables. Because B-12 is difficult to get from plant sources, **Pacific Sea Plasma®** is the ideal natural choice.

10 grams of **Pacific Sea Plasma®** contain 20 to 30 micrograms (mcg) of B-12, and from 330 to 530% of the US RDA Thiamin and Riboflavin. Other B vitamins, B-6, Niacin, Biotin, Panthothenic Acid, Folic Acid, Inositol, and vitamin E are present in smaller amounts.

AS A SOURCE OF GAMMA LINOLENIC ACID

Pacific Sea Plasma® is one of the richest food sources of GLA besides mother's milk. GLA is an essential fatty acid which means that it is good fat and absolutely essential to health. GLA is the precursor to the body's master hormones that control many functions. Although essential, the body is unable to synthesize its own GLA and relies on adequate food sources. 10 grams of **Pacific Sea Plasma®** contains 100 milligrams (mg) of GLA.

HOW IS PACIFIC SEA PLASMA USED

Pacific Sea Plasma® Suggested Dosage: Take 3 tablets twice daily with a large glass of pure water or whenever you feel low in energy or stamina. Water is important; drink at least 8 glasses per day.

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PACIFIC SEA PLASMA™ - SPECIFICATIONS

GENERAL COMPOSITION

Protein	60%
Carbohydrates	19%
Lipids	6%
Minerals	8%
Moisture	7%

VITAMINS

Beta-Carotene	2.8mg
Vitamin A (as Beta Carotene)	4,676 iu
B1 Thiamine	34 mcg
B2 Riboflavin	33 mcg
B3 Niacin	207 mcg
B6	4.4 mcg
B12	2.2 mcg
Vitamin E (d-a tocopherol)	15 mcg
Inositol	680 mcg
Biotin	.323 mcg
Folic Acid	.3 mcg
Pantothenic Acid	4 mcg

MINERALS

Calcium	4 mg
Magnesium	4.8 mg
Iron	1.06 mg
Phosphorus	10.4 mg
Potassium	15.4 mg
Sodium	7.3 mg
Manganese	26 mcg
Zinc	12 mcg
Boron	10 mcg
Copper	1 mcg

FATTY ACIDS

(Total 48mg/g)

Omega 6 Family

Gamma Linolenic (GLA)	10 mg
Essential Linoleic	11 mg
Dihomogamma Linolenic	.53 mg

Omega 3 Family

Alpha Linolenic	14.5 mcg
Docosahexaenoic (DHA)	14.5 mcg

Monoenoic Family

Palmitoleic	1.98 mg
Oleic	.17 mg
Erucic	.024 mg

OTHER FATTY ACIDS

Palmitic Acid	20 mg
Myristic Acid	1.08 mg
Stearic Acid	.068 mg
Arachidic Acid	.048 mg
Behenic Acid	.048 mg
Lignoceric Acid	.024 mg

PIGMENTS AND ENZYMES

Chlorophyll	7.9 mg
Beta-Carotene	2.8 mg
Total Carotenoids	5.4 mg
Phycocyanin	111 mg
Superoxide Dismutase	.4 mg

Pacific Sea Plasma™ is also a rich source of enzymes, RNA, DNA, sulfolipids, glycogen, and other potentially important nutrients.



Extra Energy Enzymes

GREATER ENDURANCE ENERGY AND VITALITY

Extra Energy Enzymes™ made with the IsoSproutPlex™ blend is a whole-food "Enzyme-Rich product. Made from concentrated plant enzymes and Isoflavonoids, it delivers the unique 'Live Enzyme' action most efficient in releasing toxins and which drain the body of strength and energy. Once de-toxified, the body's system is then able to experience maximum energy levels and an overall feeling of well-being.

Extra Energy Enzymes™ is specially formulated and proven to enhance the body's production of Superoxide Dismutase (SOD) and Catalase plus the enzymes Glutathione Peroxidase and Methionine Reductase so needed to neutralize the damaging effects of the "Hydroxyl Free Radical".

People using **Extra Energy Enzymes™** report having increased energy levels and vitality as well as greater overall endurance. The following are a few of the testimonial letters received from customers in hope that they will help you understand this product better.

INCREASED ENERGY

I recently purchased your product **Extra Energy Enzymes™** while browsing through my local health food store. I'm actually involved in regular workouts and bicycling and was looking for a better way to increase my energy level which drops as the day wears on. After reading the little I have on "Free Radicals", I was looking for a cleansing program and came across your product. I have been using these enzymes for a month now and have felt more 'Lasting' energy as the days go on and just more energy overall while working out. I am writing to tell you about my excitement with your product and am continuing to feel just great!

Robin Watson - Corte Madera, CA 94925

FATIGUE - MUSCLE TETANY - LOW ENERGY

I have had the clinical evidence, blood test, of Epstein-Barr and Cytomegalovirus; and have had symptoms present themselves, including muscle tetany, fatigue and severe depression – together with short term memory loss.

The **Extra Energy Enzymes™** produced by Biotec Foods has given me an unmistakable boost of energy. The muscular tetany and fatigue seem also to be affected favorably. Finally and not by any means the least the typical depression and possibly the short-term memory aspect.

While I have also used 'Ageless Beauty' in conjunction with **Extra Energy Enzymes™** (with the latter predominate). That these products have beneficial efficacy, on balance, appears to be proven out in my experience. I do not know of any contra-indications.

B.H.

HEADACHES & HIP PAIN

I have been taking your **Extra Energy Enzymes™** for over six months and am very happy with the results. I have less headaches, less aches in my hip joints and more energy, particularly in the afternoon when I normally have a slump period. My appetite is probably healthier, however that's not really a plus since I'd like to lose 10 to 15 pounds.

I'm anxious to get my daughter started on these 'enzymes' as soon as she is no longer nursing her baby, she's extremely tired and lacks energy. Even though I told her that they are a whole food and there should be no problem, she's not willing to take them until she stops nursing, probably 2 to 3 months longer. I purchase them at Cameron Park Health Foods in Cameron Park CA. I take 3 tablets daily.

Claire L Kulper

SHOULDER INJURY

On March 6, 1982, Michael Ching was unloading a container, while working for Western Airlines, when it jammed and "yanked" his shoulder out, resulting in a fractured right shoulder with subluxation, dislocation, injured neck, and lower back. It was later diagnosed that there were particles in his right shoulder and traumatic arthritic conditions in his neck and lower back.

Surgery on his right shoulder seemed to make the condition worse. From then on he was in constant pain in his neck, shoulder, and back. He couldn't do anything that he used to do before and was practically bedridden. He tried to alleviate the pain via pain killers, different types of drugs, and visits to chiropractic which did help somewhat, but not to his satisfaction to achieve comfort or to relief of the pain.

He was introduced to **Extra Energy Enzymes™** in December 1984, almost 3 years after the accident. Initially he didn't experience any results. So he called Biotec Foods and was advised by our staff to take a higher dosage and that the product was guaranteed. He then took 12 tablets a day, double the dosage that is normally suggested. He said that he felt worse; the constant pain was still there. At that point, he tried other avenues of obtaining comfort: acupuncture, shiatsu, visits to several doctors, but nothing seemed to help him.

Michael talked again with management and was encouraged to continue with our product **"until you do see some results"**. Via our instructions, he continued taking enzymes from March to June. By the end of June, still no satisfactory results.

Finally, around the beginning of July, he started to feel a difference. He had energy to do things like walking and shopping with his family. Prior to taking our product, his back would hurt so bad that he would have to go home and lie down. Also, sitting and driving his car didn't hurt like it used to. He felt the pain decreasing yet still felt immense pain when bending.

Now, while doing simple things like sitting and walking, he doesn't have as much pain, and sometimes none at all. He attributes this fact to our product making that difference. He now really believes in **Extra Energy Enzymes™** and gives thanks to the staff here who helped him to continue taking them.

Michael Ching is quoted as follows:

*"It took a while for me to experience any results, but from the bottom of my heart, I do feel that **Extra Energy Enzymes™** has helped me better than anything else since my injury in 1982. I tried everything, even drugs and painkillers. This is a turning point in my life since I can now do regular things.*

Hopefully, in continuing taking it, I can be more active in my sports - maybe even go back to playing tennis again, I don't know. When I take them in the morning, for the rest of the day my back is pretty good and I can walk and sit. I may have to take them for the rest of my life, but I'd rather do that than take drugs and be despondent in life, which I was before. Now I have something to live for. I have less pain, and I'm looking forward to eventually not having any pain at all. But the way I am now, I'm pretty satisfied; because if you knew me before, I was terrible. I would say that I had lost the will to live because of my previous condition. Pain was the main factor."

He says that his arthritic neck and back conditions cannot be returned to their previous normal state. He personally recommends this product to other people who have this condition or something of a similar nature. There's no loss, he says, that it is not drugs, it's a food product, so there are no side effects.

Michael Ching - Honolulu, HI.



Available in Two Sizes:

100 Tablets

200 Tablets



EXTRA ENERGY ENZYMES

CUSTOMER TESTIMONIALS LETTERS

MULTIPLE SCLEROSIS

Aloha and many thanks to for telling my friend Dorothy about the **Extra Energy Enzymes™**. As you know, Dorothy, a 46 year-old woman has had Multiple Sclerosis for 15 years and is a quadriplegic. I have been assisting her for the past month and have seen her both before she started the enzymes and after her having been on them for three weeks. Dorothy reports the following improvements: 1) For years she has been on steroids to reduce muscle spasms. From time to time she goes off them but (until starting with the enzymes) could never be off the steroids for more than a week at a time. Since starting the enzymes, she went off the steroids and has been able to stay off them for three weeks without any increase in her muscle spasms. She has never been able to do this before. 2) Her energy has increased substantially. From her very first day on the enzymes she was able to exercise (mostly from the neck up) in her swimming pool much more vigorously and for a longer periods of time. 3) Her speech has become less slurred. 4) For the past three days she has reported improvement in her eyesight. 5) And I have observed that her general mood and outlook on life have improved remarkably.

PROGRESS REPORT: 5 MONTH FOLLOW-UP

Since my last letter reporting several favorable changes as a result of using the enzymes, Dorothy reports the following improvements: 1) "I am doing much better."; 2) "I am able to see more clearly."; 3) "I can move my arms more."; 4) "I am more limber."; 5) "My appetite is better."; 6) "Muscle spasms have been reduced 75%."

I wish to add that Dorothy has now been off steroids for approximately 5 months. Before using the enzymes, she was never able to be off steroids for more than a week at a time.

Tom F. Silverson – San Diego, CA 92109

ENERGY AND PAIN

Recently your product **Extra Energy Enzymes™** came to my attention. David of Sun Harvest store in San Antonio sold me this product and also let me read several letters from satisfied customers.

I was convinced enough to try one bottle and can see a difference in the amount of pain I've had. Also, my energy seems to have increased. As I am also hypoglycemic, this has been a great boost.

Phylis M. Studer

ENERGY

I recently purchased your product **Extra Energy Enzymes™** while browsing through my local health food store. I'm actually involved in regular workouts and bicycling and was looking for a better way to increase my energy level which drops as the day wears on.

After reading the little I have on 'Free Radicals', I was looking for a cleansing program and came across your product. I have been using these enzymes for a month now and have felt more 'Lasting' energy as the days go on and just more energy overall while working out. I am writing to tell you about my excitement with your product and am continuing to feel just great!

Robin Watson - Corte Madera, CA 94925

ARTHRITIC KNEE

My husband had a very painful, sore and swollen knee. Diagnosis: Arthritic flare-up with inflamed ten-

dons. This condition gradually worsened over a period of several months. He slept on his back, and pressure on the knee was extremely painful. He also slept with a hot water bottle between his knees.

After several months of suffering and a gradual worsening, the doctor (M.D.) gave him Ibuprofen, 400 mg. 6 per day. This had absolutely no effect on the pain or swelling.

Also, since taking a vasodilator for high blood pressure, in November of 1985, his legs and ankles were swelling badly, and the Ibuprofen made this worse. The swelling in his legs and ankles had worsened to the point that it was difficult to go anywhere for a long period of time as he needed to lie down to relieve the swelling.

At the end of January 1987 we arrived at Desert Hot Springs, CA. We have been spending 2 months there each winter and have become well acquainted with the people at Adam's Healthway. My husband asked what they suggested for his sore knee. They said they had a new product and have had phenomenal success with it. Then they handed him a bottle of "EXTRA ENERGY ENZYMES" to try, saying this will help.

My husband started taking 6 a day according to the directions on the bottle. Within a week, I noticed he was walking better and not mentioning the pain so often. He continued taking "EXTRA ENERGY" as directed. Not only did his knee improve, the swelling and pain are gone and there is only a slight residual soreness left.

Also, another interesting aspect of this story is the fact that the swelling in his legs and ankles that had plagued him since taking the vasodilator in November of 1985, has all but disappeared since starting on "Extra Energy Enzymes. One other interesting result from taking "Extra Energy" is that appears to have had a positive effect on his high blood pressure, as it is lower than it has been in many years. He is on less medication and I'm hoping he can get off all of it.

Frank & Dolores Martenson - Beaverton, Or. 97007

MORE ALERT - LESS ACHES AND PAINS

Just a quick note to let you know that I have found your **Extra Energy Enzymes™** to be quite helpful. I am a sales rep in the greater Chicago area and have been using the enzymes for about a year. Since then, I have felt better, more alert and have had less minor aches and pains. I will continue to use the product and promote it to my friends and associates.

John Lazart - Hobart, IN 46342

BETTER ENERGY AND SKIN

I have used your product **Extra Energy Enzymes™** with excellent results. I've always been low in energy in the past, but now I have plenty! My skin looks terrific (very clear with good color) plus I can now extend my head backwards without any pain in my neck area.

L. La Plain - Hoboken, NJ 07030

INJURED ANKLE

I would like to let you know of my success concerning your product **Extra Energy Enzymes™**. Last year on a hiking trip with a friend, I fell down a steep slope and injured my ankle. Although it wasn't broken, I could barely walk out of the park. After a few months my ankle healed but continued to become inflamed after exercising and work where I stand all day long.

I tried your product one year after my injury and within the first week of use, discovered more flexibility, no swelling or pain. I also had the additional benefit or more sustained energy. Now I can exercise free of pain and run an extra mile as well.

Theresa Valerga

MORE ENERGY

I must say I'm skeptical when I comes to vitamins, health cures and magic diets. So when a friend told me about her success with your product **Extra Energy Enzymes™**, I didn't believe her. But, having known her for years, I had to admit that she DID have more energy and was sleeping less since she started taking your product.

So I bought my first bottle of **Extra Energy Enzymes™** pills and two weeks later I wasn't falling asleep at my work desk at three in the afternoon. And, my workouts at Nautilus after work were easier since I wasn't feeling so tired. Beside that, I didn't need 3 cups of coffee to wake up in the morning. One was sufficient. Thanks so much.

Monique Lair - San Rafael, CA 94901

ARTHRITIS

I just want to tell you how pleased I am with your product **Extra Energy Enzymes™**. I have been taking medication off an on for a number of years for arthritis. When I was in the Sun Harvest store, one of the clerks handed me your sample. I was about to renew my prescription, but after I reading about your enzymes, I decided to give it a try instead. To my surprise, at the end of the 2 weeks treatment of 6 pills a day, the soreness was leaving just as it had with the medication. Because there are no side effects with a whole food product I decided to stay with it.

Mrs. Olive J. Martin - San Antonio, TX 78201

TOXIC POISONING

In July 1984 an auto accident fractured my ribs and deflated my lungs. Because of my knowledge as a nutritionist, herbologist and massage therapist, I knew my metabolism; immune system and lymphatic system were not functioning right. Also because of previous toxic poisoning caused by inhalation of gasoline my lungs are very susceptible to smoke, chemicals, and various types of pollution.

I began taking your **Extra Energy Enzymes™** and noticed a gradual improvement but I was still not quite right. I was having some skin rashes (due to my kidneys) as I started taking 'Ageless Beauty' along with the **Extra Energy Enzymes™**.

I was working during this time in the Gainesville, Florida area with clients. I noticed that they all seemed to be suffering from similar illnesses and all of varying ages. Upon investigating I found that Gainesville, Northern and Western Florida are highly polluted areas along with So. Carolina and So. Georgia. These are possibly one of the most polluted areas in the U.S.

I recently heard to double the dosage for extreme conditions, so I did. I felt an immediate reaction and feel better than I did before my accident. I still have reactions from the pollution here but mine are mild compared to its effect on others. My energy level is higher.

Heather Glenn - Gainesville FL

